

# Hythe Bay Children's Centre Nursery Summer Menu

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Lunch	Spaghetti & Quorn Bolognese	Chicken Curry & Rice	Sausage, Mashed Potato & Peas	Roast Chicken, Roast Potatoes and Vegetables with Gravy	Vegetable Pasta in Tomato Sauce with Optional Tuna
Dessert	Ice Cream	Banana & Custard	Homemade Cake	No Added Sugar Mousse	Natural Yoghurt & Fruit
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Light Tea	Toast with Spread, Jam, Marmite or Honey	Crumpets or Toast with Spread, Jam, Marmite or Honey	Sandwiches Selection	Muffins or Toast with Spread, Jam, Marmite or Honey	Wraps Selection

\*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work

\*Alternative meals may be provided for children with dietary requirements or allergies. Please speak to staff for more information.

# Hythe Bay Children's Centre Nursery Summer Menu

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Lunch	Jacket Potato with Beans, Tuna & Cheese	Roast Chicken, Roast Potatoes and Vegetables with Gravy	Fish Pie & Vegetables	Chicken Pie & Vegetables	Macaroni Cheese & Vegetables
Dessert	Yoghurt	Natural Yoghurt & Fruit	Ice Cream	No Added Sugar Mousse	Sugar Free Jelly
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Light Tea	Wraps Selection	Toast with Spread, Jam, Marmite or Honey	Sandwich Selection	Baked Beans on Toast	Muffins or Toast with Spread, Jam, Marmite or Honey

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# Hythe Bay Children's Centre Nursery Summer Menu

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Lunch	Spaghetti & Meatballs	Jacket Potato with Tuna, Cheese & Beans	Vegetable Pasta in Tomato Sauce	Fish Pie & Vegetables	Roast Chicken, Roast Potatoes & Vegetables
Dessert	Yoghurt	Cheesecake	Ice Cream	Homemade Cake	No Added Sugar Mousse
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Light Tea	Beans on Toast	Wraps Selection	Toast with Spread, Jam, Marmite or Honey	Sandwiches Selection	Muffins or Toast with Spread, Jam, Marmite or Honey

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